



Nutritional information from Werther's Original Caramel Popcorn SeedMix

Last modification: 29.09.2022

Nutritional information

Serving size 1/2 cup (30g)

About 4.5 servings per container

Amount per serving		% Daily Value*
Calories	150	
Total Fat	7g	9%
Saturated Fat	3g	15%
Trans Fat	0g	
Cholesterol	10mg	3%
Sodium	140mg	6%
Total Carbohydrate	20g	7%
Dietary Fiber	1g	4%
Total Sugars	14g	
Includes	13g Added Sugars	26%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.5mg	2%
Potassium	80mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, SUNFLOWER SEEDS, POPCORN, PUMPKIN SEEDS, GLUCOSE SYRUP (FROM **WHEAT** OR CORN), **BUTTERFAT**, **CREAM**, **WHEY**, **BUTTER**, CONTAINS LESS THAN 2% OF SALT, SUGAR CANE SYRUP, SUNFLOWER OIL, **SOY LECITHIN**, ARTIFICIAL FLAVOR.

ALLERGY INFORMATION: CONTAINS WHEAT, MILK AND SOY. MAY ALSO CONTAIN HAZELNUT, ALMONDS, AND OTHER TREE NUTS.

Comment

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.

Last change on: September 2022