



Nutritional information from Knoppers 3 pieces



Last modification: 22.08.2018

Nutritional information

Serving size 1 piece (25g)

3 servings per container

Amount per serving		% Daily Value*
Calories	140	
Total Fat	8g	10%
Saturated Fat	4g	20%
TransFat	0g	
Cholesterol	<5mg	2%
Sodium	45mg	2%
Total Carbohydrate	14g	5%
Dietary Fiber	<1g	4%
Total Sugars	8g	
Includes	7g Added Sugars	14%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	44mg	4%
Iron	1mg	6%
Potassium	118mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, VEGETABLE OILS (FROM PALM AND SHEA), NONFAT DRY MILK, WHEAT FLOUR, HAZELNUTS, WHOLE WHEAT FLOUR, COCOA PROCESSED WITH ALKALI, BUTTERFAT, CONTAINS LESS THAN 2% OF COCOA, WHEAT STARCH, SOY LECITHIN EMULSIFIER, WHEY, DRY CREAM, SALT, NATURAL FLAVORS, SODIUM BICARBONATE.

Comment

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.

Last change on: August 2018