



Nutritional information from Knoppers minis

Last modification: 04.02.2022

Nutritional information

Serving size 3 pieces (29g)

About 6 servings per container

Amount per serving		% Daily Value*
Calories	160	
Total Fat	9g	12%
Saturated Fat	5g	25%
Trans Fat	0g	
Cholesterol	<5mg	2%
Sodium	45mg	2%
Total Carbohydrate	16g	6%
Dietary Fiber	<1g	3%
Total Sugars	10g	
Includes	8g Added Sugars	16%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	56mg	4%
Iron	1mg	6%
Potassium	150mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Five layer wafer bars with crispy baked wafers, milk, creamy hazelnut filling, and crunchy roasted hazelnut pieces, topped with a touch of cocoa.

INGREDIENTS: SUGAR, VEGETABLE OILS (FROM PALM AND SHEA), NONFAT DRY MILK, WHEAT FLOUR, HAZELNUTS, WHOLE WHEAT FLOUR, COCOA PROCESSED WITH ALKALI, BUTTERFAT, CONTAINS LESS THAN 2% OF COCOA, WHEAT STARCH, SOY LECITHIN, WHEY, DRY CREAM, SALT, NATURAL FLAVOR, SODIUM BICARBONATE, PEANUT BUTTER.

ALLERGY INFORMATION: CONTAINS WHEAT, MILK, SOYBEAN, PEANUTS, HAZELNUTS AND SHEA NUT. MAY ALSO CONTAIN ALMONDS, COCONUT, OTHER TREE NUTS AND EGG.

Comment

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.

Last change on: February 2022