



Nutritional information from Knoppers 5 pieces

Last modification: 05.05.2025

Nutritional information

Nutrition Facts	Serving size 1 piece (25g)	% Daily Value*
Calories	140	
Total Fat	8 g	10%
Saturated Fat	4 g	20%
Total Carbohydrate	14 g	5%
Sugars	8 g	
Protein	2 g	
Potassium		2%
Iron		6%
Calcium		4%
Vitamin D		0%
Added Sugars	7 g	14%
Dietary Fiber	<1 g	2%
Trans Fat	0 g	
Cholesterol	<5 mg	2%
Sodium	40 mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, VEGETABLE OILS (FROM PALM AND SHEA), WHEAT FLOUR, NONFAT DRY MILK, HAZELNUTS, WHOLE WHEAT FLOUR, BUTTERFAT, COCOA PROCESSED WITH ALKALI, CONTAINS LESS THAN 2% OF COCOA , SOY LECITHIN, SALT, WHEY, WHEAT STARCH, NATURAL FLAVORS, SODIUM BICARBONATE, PEANUT BUTTER.

MAY ALSO CONTAIN ALMONDS, COCONUT, OTHER TREE NUTS AND EGG.

Comment

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.